



2012

Central Chesterfield Little League

Chesterfield County, Virginia

SAFETY MANUAL

for All Players, Managers, and Coaches

League ID: 346-05-18

www.ccllbaseball.com



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Pledges

LITTLE LEAGUE PLEDGE

I TRUST IN GOD
I LOVE MY COUNTRY
AND WILL RESPECT ITS LAWS
I WILL PLAY FAIR
AND STRIVE TO WIN
BUT WIN OR LOOSE
I WILL ALWAYS
DO MY BEST

THE LITTLE LEAGUE PARENT/VOLUNTEER PLEDGE

I WILL TEACH ALL CHILDREN TO PLAY FAIR AND DO THEIR BEST
I WILL POSITIVELY SUPPORT ALL MANAGERS, COACHES AND PLAYERS
I WILL RESPECT THE DECISIONS OF THE UMPIRES
I WILL PRAISE GOOD EFFORT DESPITE THE OUTCOME OF THE GAME
FROM THE RANKS OF YOUNGSTERS WHO STAND NOW
ON THE MORNING SIDE OF THE HILL
WILL COME TO THE LEADERS, THE FUTURE STRENGTH
AND THE CHARACTER OF THE NATION.

Mission Statement

Central Chesterfield Little League (CCLL) is a member of the Little League Baseball, Incorporated (LLI) organization. As such, CCLL shall strive to provide a highest quality baseball program under the Rules and Regulations of LLI.

All Directors, Officers and Members should bear in mind that, as a youth sports program, CCLL is not "in the baseball business." CCLL simply employs baseball as a means to an end. That desired end is the molding of our youth participants into future citizens who embrace the virtues of good character - sportsmanship, honesty, loyalty, courage, and respect for authority.

It is our hope that they may be well adjusted, stronger and happier children today, who will grow to be good, decent, healthy and trustworthy citizens tomorrow.

Central Chesterfield Little League Safety Plan

The goal of the Safety Plan is to develop guidelines for increasing the safety of activities, equipment, and facilities through education, compliance and reporting. In support of the attainment of this goal, CCLL also commits itself to providing the necessary organizational structure to develop, monitor, and enforce the aspects of the plan.

The Safety Plan, by reference, includes the CCLL Code of Conduct and the CCLL Safety Manual. The combination of these documents outlines specific safety issues and the CCLL policy or procedure for each issue. All participants, volunteers, employees, spectators, and guests are bound by the guidelines set forth in these documents.

ASAP Introduction

ASAP – What is it?

In 1995, ASAP (A Safety Awareness Program) was introduced with the goal of re-emphasizing the position of Safety Officer “to create awareness, through education and information, of the opportunities to provide a safer environment for kids and all participants of Little League Baseball”. This safety manual is offered as a tool to some important information at manager and coach’s fingertips.

Resources have been devoted to helping safety officers prevent injuries, rather than simply reacting to them. The safety manual will be review by the Virginia District 5 Safety Officer to ensure it meets the “Qualified Safety Program Registration.” This safety manual will be printed and distribute as necessary, to managers, concession workers, field and grounds crews, and whoever requires one.

Copies of the CCLL Safety Manual will be located at the concession stand. Copies will be given to the CCLL League President and the Virginia District 5 Safety Officer.

Welcome

Dear Managers and Coaches:

Welcome to the 2012 Central Chesterfield Little League baseball season! Thanks for volunteering to train and mentor a team of young men and women through another FUN season of competition. While the fun of playing baseball often comes naturally, it is only with the diligence of EVERYONE that we maintain a safe environment for players, volunteers, and spectators alike. As a leader within the organization, much of the effort to keep everyone safe falls to you.

Managers and Coaches serve as the "face" of the league to most folks who will never know who the league Safety Officer is or who the on-duty Board Member is. Players, parents and spectators will look to you for guidance on what is allowed and not allowed, and what constitutes safe or unsafe behavior.

I would like to challenge you to become much more active as "Safety Ambassadors" so that we can increase our emphasis and vigilance this year - always looking to STOP any unsafe act or activity. It is vital that each and every one of you, our volunteer staff, managers and coaches, team moms, and even our parents, consider yourself to be a "safety officer" during league events. Statistics show that in any youth sports program, you can expect one significant injury for every 50 participants. Significant injuries include anything from a bloody nose to a broken bone, and while many of these injuries are beyond our control and may be simply a part of the game, many can be avoided with just a little effort, attention to detail, and willingness on everyone's part to call attention to unsafe acts or conditions.

Over the years our combined actions have allowed us to stay WELL below national averages, and that's a tribute to YOU. Please continue to point out a child climbing a backstop fence, sitting on the back of a bench or bleacher, or throwing a baseball in a pedestrian or seating area. Take the time to correct this unsafe act. In the time it takes to complete an accident form or take care of an injury after the fact, that same incident could have been stopped in a fraction of the time - and more importantly, without injury to the child.

The league has grown over the past several years, and the success of CCLL is, in many ways, directly attributable to you, the Manager or Coach. This success has grown our league to over 800 players, and that increased activity brings even greater challenges to maintain a safe environment. It is for our 800+ children - your children - that we ask you to be vigilant and become a vital part of our league safety program.

Nikki Garrison
CCLL President

Important Phone Numbers

Emergency Contact Information

CHESTERFIELD COUNTY POLICE – EMERGENCY	911
Chesterfield County Police – Non Emergency	804-748-1251
CHESTERFIELD COUNTY FIRE AND EMS – EMERGENCY	911
Chesterfield County Fire and EMS – Non Emergency	804-748-1360
Poison Control Center - MCV Hospitals / VCU Health System	804-828-9123

General Contact Information

CCLL Concession Stand	804-271-0160
CCLL Field Closing Hotline	804-271-0160
Chesterfield County Field Closing Hotline – After 4:00PM weekdays	804-748-1001
VA Little League District 5 Safety Officer – Thomas Turner	804-829-2539
Little League Williamsport Headquarters Insurance Claim Office	570-327-1674
CJW Medical Center – Johnston Willis Campus	804-330-2000
CJW Medical Center – Chippenham Campus	804-320-3911
John Randolph Medical Center	804-541-1600
Southside Regional Medical Center	804-862-5000
Chesterfield County Parks and Recreation	804-748-1623
Chesterfield County Parks and Recreation (Night and Weekend Rover)	804-748-1624
Dominion Virginia Power	888-667-3000
Chesterfield County Public Utilities (M-F 7:30AM – 4:00PM)	804-748-1310
Chesterfield County Public Utilities (Weekends & After-hours)	804-744-1360

Mailing Address:

Central Chesterfield Little League
P.O. Box 2382
Chester, Virginia 23832

Internet Address:

<http://www.ccllbaseball.com/>

CCLL Board of Directors

Name	Responsibility	Phone (all 804 area code)
Nikki Garrison	President	920-4742
Tom Jenkins	Vice President – Operations (Coordinator AAA)	389-7578
Troy Perry	Vice President – Player Relations League Coordinator (Juniors and Seniors)	513-6499
Jon Thornbrugh	Vice President – Administration and Finance	641-3936
Jeff Geisz	Treasurer	814-0966
Trisha Hurlock	Recording Secretary, safety Officer	833-2169
Jason Moore	Uniforms	241-5515
Brian Reed	Internet/Information Officer Assistant Scheduling	397-9352
Patrick Wheeler	Player agent	677-6127
Bob Zane	Umpire in Chief	761-1765
Tony Blackburn	Sponsorships	240-0168
Bill Lowery	Equipment Manager	439-3278
John Stolarik	Grounds & Maintenance; Player Agent Majors League Coordinator (T-Ball and Rookie)	412-585- 4211
Sharon Quigley	Auxiliary	837-0547
Cindy Martin	Concession Manager	475-8630
Corey Simonpietri	Fall Ball Coordinator	400-9490
Kelly Custis	League Coordinator (A and AA)	536-1890
Craig Willingham	League Coordinator (Major and Big League)	919-3522

Emergency Contact Procedures

The most important help you can provide to a victim who is seriously injured is to call for professional medical help. Make the call quickly, preferably from a cell phone near the injured person. If this is not possible, send someone else to make the call from a nearby telephone. Be sure that you or another caller follows these steps:

1. First dial 9-1-1.
 - Give the dispatcher the necessary information. Answer any questions that he or she might ask. Most dispatchers will ask:
 - The exact location or address of the emergency: Any emergency occurring at a CCLL field should be readily identifiable to the 911 dispatcher by providing a park or school name, and a field number.
 - The telephone number from which the call is being made.
 - The caller's name.
 - What happened – i.e., a baseball related accident, bicycle accident, fire, fall, choking, etc.
 - How many people are involved.
 - The condition of the injured person – i.e., unconscious, chest pains, severe bleeding, etc.
 - What help has been / is being given – i.e., first aid, CPR, etc.
2. Do not hang up until the dispatcher hangs up: The dispatcher may be able to provide important instructions to care for the injured person.
3. Continue to care for the victim until professional help arrives.
4. Appoint someone to go to the street and watch for the ambulance, fire truck or police vehicle: Flag them down and lead them directly to the injured person. This saves valuable time. Remember – every second counts!

Inclement Weather Guidelines

CCLL uses a lightning meter in addition to the flash to bang method. If at any point, lightning is detected by the lightning meter at 20-40 miles, the board member on duty notifies managers, coaches, and umpires that it has been identified and the board member on duty will monitor for further development. If the lightning is detected at 3-8 miles on the lightning meter or by the flash to bang method, all teams and spectators are asked to move to their vehicles. For every lightning strike detected at the 3-8 miles range, games (or practices) are delayed for 15 minutes. The board member on duty, in conjunction with the managers and UIC will make a determination when further play is not warranted. At no time, will teams or spectators remain in the dugout or other area within the park once the decision to suspend games has been made.

Safety Code

- Arrangements should be made in advance of all games and practices for emergency medical services.
- Managers, coaches, and umpires should have training in first-aid. First-aid kits must be kept by each team manager. Managers and coaches will undergo mandatory safety training at manager meeting on March 11th at The Highland's clubhouse.
- No games or practices should be held when weather or field conditions are bad, particularly with lightning.
- Play area should be inspected frequently for holes, damage, stones, glass and other foreign objects.
- Only players, managers, coaches, and umpires are permitted on the playing field or in the dugout during games and practice sessions.
- Responsibility for keeping bats and loose equipment off the field of play should be that of a player assigned for this purpose or the team's manager and coaches.
- During practice and games, all players should be alert and watching the batter on each pitch.
- During warm-up drills players should be spaced so that no one is endangered by wild throws or missed catches.
- All pre-game warm-ups should be performed within the confines of the playing field and not within areas that are frequented by, and thus endanger spectators (i.e., playing catch, pepper, swinging bats, etc.)
- Equipment should be inspected regularly for the condition of the equipment as well as for proper fit. This should be done by managers, coaches, and umpires prior to every game. Any equipment not meeting these guidelines will be removed from the field. If property of CCLL it will be destroyed to prevent further use.
- Batters must wear Little League approved protective helmets during batting practice and games. League issued helmets must include a face mask.
- Catcher must wear catcher's helmet, mask, throat guard, long model chest protector, shin guards and protective cup with athletic supporter at all times (males and female) for all practices and games. **NO EXCEPTIONS.** Managers should encourage all male players to wear protective cups and supporters for practices and games.
- Except when runner is returning to a base, head-first slides are not permitted.
- During sliding practice, bases should not be strapped down or anchored.
- At no time should "horse play" be permitted on the playing field.
- Player must not wear watches, rings, pins or metallic items during games and practices.
- The Catcher must wear catcher's helmet and mask with a throat guard in warming up pitchers. This applies between innings and in the bullpen during a game and also during practices.
- Managers and Coaches may NOT warm up pitchers before or during a game. (Rule 3.09)
- On-deck batters are not permitted (except in Junior/Senior/Big League Divisions)
- Our Central Chesterfield Little League runs background checks on all of the managers, coaches and other applicable volunteer applicants.

Accident Reporting Guidelines

Any incident that causes any player, manager, coach, umpire, volunteer, or spectator, to receive medical treatment and or first aid must be reported to the Safety Officer. This includes even passive treatments such as evaluation and diagnosis of the extent of the injury or periods of rest.

All such incidents must be reported to the CCLL Safety Officer within 24 hours of the incident.

The CCLL Safety Officer, Trisha Hurlock, can be reached as follows:

Phone: (804) 768-1662 Home, (804) 833-2169 Cell

Email: trisha.h@ccllbaseball.com

At minimum the following information should be gathered:

1. Name and phone number of the individual involved.
2. Date, time, and location of the incident.
3. A detailed description of the incident.
4. A preliminary estimate of the extent of the injury.
5. Name and phone number of the individual reporting the incident.

Safety Officer's Responsibilities

Within 48 hours of receiving the incident report, the Safety Officer will contact the injured party or party's parents (if under 19) and:

1. Verify the information received.
2. Check on the status of the injured party.
3. Advise the parents or guardians of insurance procedures.
4. Discuss proper forms to be completed by the parents and where forms are located.
(General Liability Claim Form and Accident Notification Form)

The Safety Officer will remain in contact with the injured party until the incident is considered closed.

Parents Responsibilities

Communicate often with the Safety Officer. This will allow the league to better assist in resolving your claim.

If additional coverage is necessary, the proper forms will be completed (General Liability Claim Form and Accident Notification Form).

After completion, provide originals to the league Safety Officer who must authorize and submit the forms to Little League Corporate offices. The Safety Officer's signature is required on the forms or the claim will be rejected.

Chesterfield County Parks and Recreation Code of Conduct

What You Need to Know

In 2002, co-sponsored groups asked the Chesterfield Parks and Recreation Advisory Commission for assistance with problems concerning spectators at league and association events. A committee was formed to review and gather information and from this committee, the Code of Conduct and its procedures were developed and approved.

The Code of Conduct is not a mandatory policy but a tool that is available to associations and leagues, so that when implemented, Parks and Recreation may better assist organizations with these issues.

If you have any questions or need additional assistance with this policy, please call the Parks and Recreation Department at 748-1128.

Chesterfield County Parks and Recreation Code of Conduct Procedures

Although the county supports the various sports leagues in many ways, the county cannot assist cosponsoring leagues in enforcing their own internal rules. Each league organizes itself in different ways with a wide range of regulations and enforcement mechanisms. If volunteers, participants or parents violate internal league rules then each league organization should take appropriate action within its guidelines. However, the county does enforce standards of behavior at county facilities and can prohibit individuals from using county facilities. Any individual may be banned from a county facility if:

A person engages in any behavior at a county facility which would constitute a crime (e.g. assault or consuming alcoholic beverages) or;

A person engages in any behavior, which disrupts the use of a county facility for family recreational and sports activity (e.g. sexually harassing behavior, public profanity or physically disrupting a sporting event).

If the Director of Parks and Recreation receives a complaint of such inappropriate behavior at a county facility, he will investigate the matter and, if necessary, send a letter to the offending person indicating that they are no longer allowed in county facilities. If that person then enters a county facility, a police officer can be called who will ask the person to leave. If the person does not leave, he can be charged with trespassing.

Procedures

If a co-sponsored organization has a problem that demands immediate attention, they should call the night or weekend rover who will assist with solving the problem. If the problem cannot be solved by the Parks and Recreation staff, county police officers will be asked to resolve the conflict.

If, after the conflict has been resolved, the league or association feels that this issue needs additional attention, the organization should submit in writing to the Director of Parks and Recreation a request to have the situation reviewed.

A committee consisting of one PRAC member and two Parks and Recreation staff members will meet as soon as possible to discuss the issue and report back to the league or association.

In order to best handle these requests and to help better assist organizations with these issues, the implementation by leagues and associations of the Parks and Recreation Code of Conduct will enable committee members to better help solve problems.

Chesterfield County Parks and Recreation Code of Conduct

The Chesterfield County Parks and Recreation Advisory Commission has adopted the following Code of Conduct as a result of its concerns for good sportsmanship in co-sponsored youth activities. Youth sports can be used as an opportunity for young people to learn how to engage in healthy competition while maintaining respect for their opponents. All parties to athletic competitions should adhere to the highest standards of positive support for the contestants. By participating in Chesterfield County Youth Sport Programs, all parties must abide by the Code of Conduct. Violations may result in the loss of privileges at county facilities.

I Therefore Agree:

- I (and my guests) will be a positive role model for my children and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials, and spectators at every game, practice or sporting event.
- I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting, refusing to shake hands, or using profane language or gestures.
- I will learn the rules of the game and the policies of the league. I will respect the officials and their authority. I will refrain from questioning, discussing or confronting coaches during the game, and will take the time to speak with the officials or coaches at an agreed upon time and place.
- I will remember that children participate to have fun and that the game is for the youth, not the adults. I will not force my child to participate in sports.
- I will demand a sports environment for my child that is free from drugs and alcohol and will refrain from their use at all youth sports events.
- I realize that the purpose of my attendance is to observe a contest and support recreation activities, not a license to verbally assault others or be generally obnoxious.
- I will respect the athletic facility in which I am visiting and will not damage or deface Park or School property.
- I will promote the emotional and physical wellbeing of the athletes ahead of any personal desire I may have for my child to win. I will inform the coach of any physical disability or ailment that may affect the safety of my child or others.
- I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence. I will not encourage any behaviors or practices that would endanger the health and well being of the athletes.
- I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
- I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
- I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize games and competition in the lower age groups. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
- I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.
- I have read and understand the Code of Conduct and consent to abide by all listed terms.

Central Chesterfield Little League Disciplinary Policy

Central Chesterfield Little League (CCLL) expects all participants (players, managers, coaches, spectators and all volunteers associated with Little League) to exhibit acceptable behavior on and off the field, while on the property of any county property or Local League park. Aggressive behavior (fighting, pinching, hitting or other acts of aggression) or other unacceptable behavior (foul language, tobacco, alcohol or any other offensive behavior on the playing field) will not be tolerated by Little League. Participants involved in unacceptable behavior of this type will be subject to disciplinary action as dictated by Little League and Chesterfield County Policy. The CCLL Board of Directors (BOD) reserves the right to set punishment according to the seriousness of the offense up to and including suspension from participation in any CCLL related activity. The ruling the CCLL Board of Directors will be final.

It is the sincere hope of the CCLL staff and its members that no participant will display any form of unacceptable behavior, however, should the situation arise, this disciplinary policy will be enforced. ALL participants involved in unacceptable behavior will be disciplined on an individual basis as determined by the guidelines established by Little League International and as applied by the CCLL Disciplinary Committee.

Little League International - Rule 4.07 – All levels of Baseball

When a manager, coach or player is ejected from a game, they shall leave the field immediately and take no further part in that game. They may not sit in the stands and may not be recalled. Any manager, coach or player ejected from a game is suspended for his or her team's next physically played game. This is a Little League International policy which may not be waived, altered, or modified. This is not a local league policy. Any local league found in violation of this policy may be subject to league sanctions and loss of charter.

Ejections from any game may result in loss of eligibility of any and/or all All-Star privileges.

CCLL Disciplinary Procedure

If an infraction of the CCLL Disciplinary Policy occurs, the complaint shall be submitted in writing to the League Coordinator, League Player Agent or President within 48 hours of the infraction. Upon receipt of a written complaint, the League President, Vice President, or League Coordinator will assign one or more member(s) of the executive board as the investigating officer(s) to conduct an impartial investigation. Upon completing the investigation, the investigating officer will present those findings to the CCLL Disciplinary Committee. The Disciplinary Committee will present those findings and recommendations to the Board of Directors (BOD) who will determine whether disciplinary action is warranted and, when required, the disciplinary action to be taken.

The Disciplinary Committee will convene to discuss any reported league infractions, the severity, and proposed disciplinary action weekly during the season, and as required during the off-season. Discussion of a particular infraction will take place as soon after the occurrence as possible, typically within the week of receipt of the complaint. The severity of some complaints may require more immediate action.

It is the intent of the BOD to ensure that all investigations are complete prior to any disciplinary action being taken. However, for the most serious of alleged offenses, the BOD may take administrative action to restrict or suspend participation of the party/parties involved in any games and/or CCLL activities until the investigation is complete and the issue has been completely resolved. In those instances where the investigation determines that the alleged offense did not occur, this "interim" action will not be considered to have been disciplinary in nature.

Those involved in the alleged infraction will be notified by the appropriate League Coordinator of the date and time of the meeting to discuss the incident. Each party will be offered an opportunity to speak during a specified time frame assigned and managed by the President and League Coordinator.

The offending party/parties involved will be notified of the decision of the BOD verbally and/or in writing. Neither the BOD nor the Disciplinary Committee are under any obligation to disclose the decision and/or punishment to the complaining party/parties.

If an appeal is requested by the offending party/parties, it must be stated in writing to the BOD within 48 hours of receipt of the BOD decision. A majority quorum of the BOD must meet within one week of receipt of the request. The requesting party/parties will be notified of the meeting and allotted time to speak. The meeting will be closed and the BOD will discuss the appeal and render a FINAL decision. The offending party/parties involved will be notified of the decision of the BOD in writing regarding this final decision.

The decision of the Board of Directors is FINAL.

Disciplinary Committee consists of:

- League Coordinator (Chairperson)
- Vice President (Co-Chairperson)
- President
- Executive Board investigating officer
- Chief Umpire
- Player Agent
- Secretary
- Other regular members as required

Responsibilities of Managers and Coaches

The manager is a person appointed by the president of CCLL to be responsible for the team's actions on the field, and to represent the team communications with the umpire and the opposing team.

The manager shall always be responsible for the team's conduct, observance of the official rules and deference to the umpires.

The manager is responsible for the safety of his players.

The manager is ultimately responsible for the actions of designated coaches, players, spectators, and himself.

If a manager leaves the field, that manager shall designate a coach as a substitute and such substitute manager shall have the duties, rights and responsibilities of the manager.

During the Pre-Season

Managers will:

- Obtain a First-Aid Kit and read this Safety Manual.
- Appoint a volunteer parent to be present at all games and must own or have access to a cell phone for emergencies during practices or games.
- Attend all training session given by CCLL with his designated coaches.
- Meet with all parents to discuss Little League philosophy and safety issues.
- Cover the basics of safe play with his team before starting the first practice.
- Teach players the fundamentals of the game while advocating safety.
- Notify parents that if a child is injured or ill, he cannot return to practice unless they have a note from their doctor. This medical release protects you if that child should become further injured or ill. There are no exceptions to this rule.
- Encourage players to bring water bottles to practices and games.
- Encourage parents to bring sunscreen for themselves and their child.

Throughout the Season

Managers will:

- Work closely with Safety Officer and Equipment Manager to ensure that equipment is in first-rate working order.
- Make sure that telephone access is available at all activities including practices. It is suggested that a cellular phone always be on hand.
- Not expect more from their players than what the players are capable of.
- Teach the fundamentals of the game to players: catching fly balls, sliding correctly, proper fielding of ground balls, simple pitching motion for balance.
- Be open to ideas, suggestions, or help.
- Enforce that prevention is the key to reducing accidents to a minimum.
- Always have first aid kit on hand.
- Use common sense.

During Pre-game and Practice

Managers will:

- Make sure that players are healthy, rested, and alert.
- Make sure that players returning from being injured have a medical release form signed by their doctor. Otherwise, they cannot play.
- Make sure players are wearing the proper uniform and protective gear.
- Make sure that the equipment is in good working order and is safe.
- Agree with the opposing manager on the fitness of the playing field. In the event that the two managers cannot agree, the President or a duly delegated representative shall make the determination.
- Always have a First-Aid Kit available.
- Enforce the rule that no bats and balls are permitted on the field until all players have done their stretching.
- Then have the players do a light jog around the field before starting throwing warm-ups that should follow this order.
- Light tosses short distance, medium distance, then large distance.
- Medium tosses medium distance.
- Regular tosses medium distance.
- Field grounds balls and pop flies.

During the Game

Managers will:

- Make sure that players carry all gloves and other equipment off the field and to the dugout when their team is up to bat. No equipment shall be left lying on the field, either in fair or foul territory.
- Keep players alert.
- Maintain discipline at all times. The manager is responsible for himself, the coaches, the players, and the spectators.
- Be organized.
- Keep players and substitutes sitting on the team's bench or in the dugout unless participating in the game or preparing to enter the game.
- Encourage everyone to think Safety First.
- Observe the no on-deck rule for batters and keep players behind the screens at all times. No players should handle a bat in the dugouts at any time.
- Keep players off fences.
- Get players to drink often so they do not dehydrate.
- Not play children that are injured or ill.
- Attend to children that become injured in a game.
- Not lose focus by engaging in conversation with parents and spectators.

During Post Game

Managers will:

- Not leave the field until every team member has been picked up by a known family member or designated driver.
- Notify parents if their child has been injured no matter how small or insignificant the injury is. There are no exceptions to this rule. This protects you, Little League Baseball, Incorporated and Central Chesterfield Little League.
- Discuss any safe problems with the Safety Officer that occurred, before, during or after the game.
- If there was an injury, make sure an accident report was filled out and given to the Central Chesterfield Little League Safety Officer.
- Return the field to its pre-game condition, per CCLL policy.

Volunteer Requirements

We all agree we must keep our children safe. To do so, in youth sports, we need to be ever vigilant and ensure that only trusted individuals have contact with our children. Recent events, highlighted by the media, drive that point home. We can't be too careful. CCLL follows strict policies in the best effort to safeguard your children - our children.

We adhere to the policies defined by Chesterfield County, Little League International and, in some cases, CCLL policy that expands on a solid foundation of child safety.

For Managers and Coaches

Any individual wishing to manage or coach a team within CCLL must submit the following items for review by CCLL Board of Directors:

- Little League Volunteer Application†
- Copy of VALID Chesterfield County Background Check Card†
- Copy of VALID Driver's License
- Signed CCLL Disciplinary Policy
- Signed Chesterfield County Parks and Recreation Code of Conduct

Note to managers: At the player draft, you are required to submit the above paperwork for yourself and your protected assistant coach. If you fail to do so, you will lose your protected coach and the player will be returned to the draft pool.

For Adult Umpires

Any adult wishing to umpire within CCLL must submit to the Chief Umpire:

- Little League Volunteer Application†
- Copy of VALID Chesterfield County Background Check Card†
- Copy of VALID Driver's License
- Completed and Signed CCLL Umpire Application

For Team Parents

Any individual wishing to be a team parent, must submit all of the above forms, with one exception:

Only Rookie Level team moms need to provide a copy of the Chesterfield County Background Check Card.

†Noted items involve a thorough background check on every applicant. These items are mandatory under Chesterfield County regulations, as well as Little League International regulations for all youth volunteers. All volunteers identified above will complete the Little League Volunteer Application, the Chesterfield County Background Check Application, and undergo a background check through CCLL who will utilize the Virginia State Police Sex Offender and Criminal Background check website to check for assaults and other violent crimes against minors. For more information on County background check procedures, including times and locations that applications will be received, visit:

<http://www.co.chesterfield.va.us/BackgroundChecks/Policy.asp>

Accidents: What to do?

Determine whether medical care is necessary.

Always err on the side of caution!! Thankfully, most of the injuries resulting from accidents in Little League Baseball will be minor scrapes and bruises, or at worst nose bleeds. These are usually minor nuisances, really, and seldom require medical attention. If, however, there is any nagging doubt in your mind as to whether a child needs medical attention, please recommend to his or her parent that they seek such care. Obviously, if you find yourself present at a medical emergency, summon help by calling 911, and follow the emergency procedures guidelines in this safety manual.

Notify CCLL Safety Officer and Complete a CCLL Accident Report

You can find a copy of the accident report in this safety manual, or get one from the concession stand. You can also request one from our safety officer, Trisha Hurlock or any other board member. In fact, if you need help completing the form, any board member will be glad to sit down with you and you can complete the form together.

If you do not have immediate access to this form, jot down some notes about the incident on a notepad or scrap of paper. At the least, note the time, date and location, the people involved, and a brief description of the incident. This will make it a whole lot easier to fill out the accident report later.

There are a few purposes behind filling out this accident form. First, it helps CCLL to track injuries in order to determine if there is some specific unsafe condition that needs to be addressed within the league. For example, if players are continuously being injured in the outfield of a specific field, perhaps there are unsafe ground conditions that need to be addressed on that field.

Also, the accident report creates a paper trail that will make it easier to file the applicable insurance paperwork should the need arise. At the least, filing the accident report makes our safety officer aware of the incident, and he will be able to follow up with the child and his parents. Even for the most minor injury, I think we can all agree that a simple phone call to make sure that a child is ok means a lot.

Follow up!

There's no such thing as too many people calling to check on a sick or injured child. Moreover, if a child requires medical attention for an injury or injuries resulting from participation in Little League, the appropriate insurance paperwork needs to be completed and submitted to our insurance company within 30 days of the incident. Don't wait! It's bad enough that one of our kids is hurt. We don't want to make things worse by creating a complication with insurance reimbursement. If you are unable to complete the required paperwork for any reason, please contact our safety officer, Jon Thornbrugh, and he will make sure that everything gets done.

First Aid Kits: What goes in them?

A team's first aid kit should contain ice in bags; these will be used almost anytime you have an injury to help reduce the pain and potential swelling. If using chemical cold packs, be cautious using around the face in case of leaks. Also, bandages, both large and small, gauze, some kind of dressing material like an Ace wrap or elastic wrap to hold gauze in place, or athletic tape. You should also provide water or a cleanser (antiseptic wipes, etc.) to clean abrasions or cuts. Check local expectations for first aid kits, as some states do not allow these cleansers other than at home or by health care professionals.

Also, don't forget latex or rubber gloves and some kind of small bag to properly dispose of blood and blood-soiled items like wipes or towelettes; blood-borne pathogens should be an important part of your safety training, so people do not put their health and future safety at risk dealing with unknown risks.

Finally, each team should have some kind of emergency telephone (mobile or land-line) to call an ambulance as well as a map or written directions to the area medical facilities anyone evacuated by medical professionals would be taken to. In an emergency, people need all the help they can get.

NOTE: Individual leagues decide what they need in a first aid kit. These give a good idea of fully-stocked kits. Items any kit should contain: A good supply of ice, drinking water, and personal items or medications; emergency phone numbers; coins for pay phones; and directions and/or a map to/from emergency medical facilities.

ALSO: Keep a list of original supplies in your first aid kit, so it can be stocked and replenished! If managers or coaches use any first aid supplies, replace them before the next time the team meets. Here are three good examples of a well-stocked first aid kit:

Little League's EMTP (Emergency Management and Training Program) manual recommends your first aid kit include:

- Ice bags - Plastic bags of crushed ice
- Elastic bandages - 3, 4 and 6 inch widths
- Sterile dressings - 3 by 3 inch individual gauze, 2 to 3, 5 by 9 inch pads, Telfa or non-stick dressings, Eye patches
- Adhesive bandages - 3/4, 1 and 2 inch widths
- Bandages - Triangular shape and in rolls
- Adhesive tape - 1/2, 1 and 1 1/2 inch widths
- Eye shields
- Small flashlight
- Scissors
- Antiseptic soap
- Splints - Inflatable, cardboard or wooden, for arm and leg (large enough for your largest player)
- Petroleum jelly
- Safety pins
- First aid manual
- Towels
- Blanket
- Small pocket notebooks and pencils
Water for drinking and plenty of paper cups. (Water and paper cups can also do double duty in some first aid applications.)

Attachments

Appendix 1 – Incident/Injury Tracking Report

Appendix 2 – Accident Claim Form

Appendix 3 - What Parents should know about Little League insurance

Appendix 4 - Little League Baseball Medical Release

Appendix 1 – Incident/Injury Tracking Report

Activities/Reporting

A Safety Awareness Program's Incident/Injury Tracking Report

League Name: _____ League ID: ____ - ____ - ____ Incident Date: _____

Field Name/Location: _____ Incident Time: _____

Injured Person's Name: _____ Date of Birth: _____

Address: _____ Age: _____ Sex: Male Female

City: _____ State _____ ZIP: _____ Home Phone: () _____

Parent's Name (If Player): _____ Work Phone: () _____

Parents' Address (If Different): _____ City _____

Incident occurred while participating in:

- A.) Baseball Softball Challenger TAD
B.) Challenger T-Ball (5-8) Minor (7-12) Major (9-12) Junior (13-14)
 Senior (14-16) Big League (16-18)
C.) Tryout Practice Game Tournament Special Event
 Travel to Travel from Other (Describe): _____

Position/Role of person(s) involved in incident:

- D.) Batter Baserunner Pitcher Catcher First Base Second
 Third Short Stop Left Field Center Field Right Field Dugout
 Umpire Coach/Manager Spectator Volunteer Other: _____

Type of injury: _____

Was first aid required? Yes No If yes, what: _____

Was professional medical treatment required? Yes No If yes, what: _____
(If yes, the player must present a non-restrictive medical release prior to being allowed in a game or practice.)

Type of incident and location:

- A.) On Primary Playing Field
 Base Path: Running or Sliding
 Hit by Ball: Pitched or Thrown or Batted
 Collision with: Player or Structure
 Grounds Defect
 Other: _____
- B.) Adjacent to Playing Field
 Seating Area
 Parking Area
C.) Concession Area
 Volunteer Worker
 Customer/Bystander
- D.) Off Ball Field
 Travel:
 Car or Bike or
 Walking
 League Activity
 Other: _____

Please give a short description of incident: _____

Could this accident have been avoided? How: _____

This form is for Little League purposes only, to report safety hazards, unsafe practices and/or to contribute positive ideas in order to improve league safety. When an accident occurs, obtain as much information as possible. For all claims or injuries which could become claims, please fill out and turn in the official Little League Baseball Accident Notification Form available from your league president and send to Little League Headquarters in Williamsport (Attention: Dan Kirby, Risk Management Department). Also, provide your District Safety Officer with a copy for District files. All personal injuries should be reported to Williamsport as soon as possible.

Prepared By/Position: _____ Phone Number: (____) _____

Signature: _____ Date: _____

Appendix 2 – Accident Claim Form

LITTLE LEAGUE BASEBALL® ACCIDENT NOTIFICATION FORM INSTRUCTIONS

For claims occurring after January 1, 2005

Send Completed Form To:
Little League Baseball, Incorporated
539 US Route 15 Hwy, PO Box 3485
Williamsport PA 17701-0485
Accident Claim Contact Numbers:
Phone: 570-327-1674 Fax: 570-326-2951

1. This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/dental treatment must be rendered within 30 days of the Little League accident.
2. Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
4. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
5. **Limited** deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure provided to the league president, or contact Little League Headquarters within the year of injury.

League Name		League I.D.	
PART 1			
Name of Injured Person/Claimant	Date of Birth (MM/DD/YY)	Age	Sex <input type="checkbox"/> Female <input type="checkbox"/> Male
Name of Parent/Guardian, if Claimant is a Minor	Home Phone (Inc. Area Code) () ()	Bus. Phone (Inc. Area Code) () ()	
Address of Claimant	Address of Parent/Guardian, if different		

The Little League Master Accident Policy provides benefits in excess of benefits from other insurance programs subject to a \$50 deductible per injury. "Other insurance programs" include family's personal insurance, student insurance through a school or insurance through an employer for employees and family members. Please CHECK the appropriate boxes below. If YES, follow instruction 3 above.

Does the insured Person/Parent/Guardian have any insurance through:

Employer Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	School Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No
Individual Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	Dental Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No

Date of Accident	Time of Accident	Type of Injury
	<input type="checkbox"/> AM <input type="checkbox"/> PM	

Describe exactly how accident happened, including playing position at the time of accident:

Check all applicable responses in **each** column:

<input type="checkbox"/> BASEBALL	<input type="checkbox"/> CHALLENGER (5-18)	<input type="checkbox"/> PLAYER	<input type="checkbox"/> TRYOUTS	<input type="checkbox"/> SPECIAL EVENT (NOT GAMES)
<input type="checkbox"/> SOFTBALL	<input type="checkbox"/> T-BALL (5-8)	<input type="checkbox"/> MANAGER, COACH	<input type="checkbox"/> PRACTICE	<input type="checkbox"/> SPECIAL GAME(S)
<input type="checkbox"/> CHALLENGER	<input type="checkbox"/> MINOR (7-12)	<input type="checkbox"/> VOLUNTEER UMPIRE	<input type="checkbox"/> SCHEDULED GAME	(Submit a copy of your approval from Little League Incorporated)
<input type="checkbox"/> TAD (2ND SEASON)	<input type="checkbox"/> LITTLE LEAGUE (9-12)	<input type="checkbox"/> PLAYER AGENT	<input type="checkbox"/> TRAVEL TO	
	<input type="checkbox"/> JUNIOR (13-14)	<input type="checkbox"/> OFFICIAL SCOREKEEPER	<input type="checkbox"/> TRAVEL FROM	
	<input type="checkbox"/> SENIOR (14-16)	<input type="checkbox"/> SAFETY OFFICER	<input type="checkbox"/> TOURNAMENT	
	<input type="checkbox"/> BIG LEAGUE (16-18)	<input type="checkbox"/> VOLUNTEER WORKER	<input type="checkbox"/> OTHER (Describe)	

I hereby certify that I have read the answers to all parts of this form and to the best of my knowledge and belief the information contained is complete and correct as herein given.

I understand that it is a crime for any person to intentionally attempt to defraud or knowingly facilitate a fraud against an insurer by submitting an application or filing a claim containing a false or deceptive statement(s). See Remarks section on reverse side of form.

I hereby authorize any physician, hospital or other medically related facility, insurance company or other organization, institution or person that has any records or knowledge of me, and/or the above named claimant, or our health, to disclose, whenever requested to do so by Little League and/or National Union Fire Insurance Company of Pittsburgh, Pa., an AIG Company, or its representative, any and all such information. A photostatic copy of this authorization shall be considered as effective and valid as the original.

Date	Claimant/Parent/Guardian Signature (In a two parent household, both parents must sign this form.)
Date	Claimant/Parent/Guardian Signature

For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

For Residents of New York:

Any person who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

For Residents of Pennsylvania:

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

For Residents of All Other States:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

PART 2 - LEAGUE STATEMENT (Other than Parent or Claimant)

Name of League	Name of Injured Person/Claimant	League I.D. Number
Name of League Official		Position in League
Address of League Official		Telephone Numbers (Inc. Area Codes) Residence: () Business: () Fax: ()

Were you a witness to the accident? Yes No
Provide names and addresses of any known witnesses to the reported accident.

Check the boxes for all appropriate items below. At least one item in each column must be selected.

POSITION WHEN INJURED	INJURY	PART OF BODY	CAUSE OF INJURY
<input type="checkbox"/> 01 1ST	<input type="checkbox"/> 01 ABRASION	<input type="checkbox"/> 01 ABDOMEN	<input type="checkbox"/> 01 BATTED BALL
<input type="checkbox"/> 02 2ND	<input type="checkbox"/> 02 BITES	<input type="checkbox"/> 02 ANKLE	<input type="checkbox"/> 02 BATTING
<input type="checkbox"/> 03 3RD	<input type="checkbox"/> 03 CONCUSSION	<input type="checkbox"/> 03 ARM	<input type="checkbox"/> 03 CATCHING
<input type="checkbox"/> 04 BATTER	<input type="checkbox"/> 04 CONTUSION	<input type="checkbox"/> 04 BACK	<input type="checkbox"/> 04 COLLIDING
<input type="checkbox"/> 05 BENCH	<input type="checkbox"/> 05 DENTAL	<input type="checkbox"/> 05 CHEST	<input type="checkbox"/> 05 COLLIDING WITH FENCE
<input type="checkbox"/> 06 BULLPEN	<input type="checkbox"/> 06 DISLOCATION	<input type="checkbox"/> 06 EAR	<input type="checkbox"/> 06 FALLING
<input type="checkbox"/> 07 CATCHER	<input type="checkbox"/> 07 DISMEMBERMENT	<input type="checkbox"/> 07 ELBOW	<input type="checkbox"/> 07 HIT BY BAT
<input type="checkbox"/> 08 COACH	<input type="checkbox"/> 08 EPIPHYSES	<input type="checkbox"/> 08 EYE	<input type="checkbox"/> 08 HORSEPLAY
<input type="checkbox"/> 09 COACHING BOX	<input type="checkbox"/> 09 FATALITY	<input type="checkbox"/> 09 FACE	<input type="checkbox"/> 09 PITCHED BALL
<input type="checkbox"/> 10 DUGOUT	<input type="checkbox"/> 10 FRACTURE	<input type="checkbox"/> 10 FATALITY	<input type="checkbox"/> 10 RUNNING
<input type="checkbox"/> 11 MANAGER	<input type="checkbox"/> 11 HEMATOMA	<input type="checkbox"/> 11 FOOT	<input type="checkbox"/> 11 SHARP OBJECT
<input type="checkbox"/> 12 ON DECK	<input type="checkbox"/> 12 HEMORRHAGE	<input type="checkbox"/> 12 HAND	<input type="checkbox"/> 12 SLIDING
<input type="checkbox"/> 13 OUTFIELD	<input type="checkbox"/> 13 LACERATION	<input type="checkbox"/> 13 HEAD	<input type="checkbox"/> 13 TAGGING
<input type="checkbox"/> 14 PITCHER	<input type="checkbox"/> 14 PUNCTURE	<input type="checkbox"/> 14 HIP	<input type="checkbox"/> 14 THROWING
<input type="checkbox"/> 15 RUNNER	<input type="checkbox"/> 15 RUPTURE	<input type="checkbox"/> 15 KNEE	<input type="checkbox"/> 15 THROWN BALL
<input type="checkbox"/> 16 SCOREKEEPER	<input type="checkbox"/> 16 SPRAIN	<input type="checkbox"/> 16 LEG	<input type="checkbox"/> 16 OTHER
<input type="checkbox"/> 17 SHORTSTOP	<input type="checkbox"/> 17 SUNSTROKE	<input type="checkbox"/> 17 LIPS	<input type="checkbox"/> 17 UNKNOWN
<input type="checkbox"/> 18 TO/FROM GAME	<input type="checkbox"/> 18 OTHER	<input type="checkbox"/> 18 MOUTH	
<input type="checkbox"/> 19 UMPIRE	<input type="checkbox"/> 19 UNKNOWN	<input type="checkbox"/> 19 NECK	
<input type="checkbox"/> 20 OTHER	<input type="checkbox"/> 20 PARALYSIS/ PARAPLEGIC	<input type="checkbox"/> 20 NOSE	
<input type="checkbox"/> 21 UNKNOWN		<input type="checkbox"/> 21 SHOULDER	
<input type="checkbox"/> 22 WARMING UP		<input type="checkbox"/> 22 SIDE	
		<input type="checkbox"/> 23 TEETH	
		<input type="checkbox"/> 24 TESTICLE	
		<input type="checkbox"/> 25 WRIST	
		<input type="checkbox"/> 26 UNKNOWN	
		<input type="checkbox"/> 27 FINGER	

Does your league use breakaway bases on: ALL SOME NONE of your fields?
Does your league use batting helmets with attached face guards? YES NO
If YES, are they Mandatory or Optional At what levels are they used?

I hereby certify that the above named claimant was injured while covered by the Little League Baseball Accident Insurance Policy at the time of the reported accident. I also certify that the information contained in the Claimant's Notification is true and correct as stated, to the best of my knowledge.

Date _____ League Official Signature _____

Appendix 3 - What Parents should know about Little League insurance

It is suggested this memo should be reproduced on your league's letterhead over the signature of your president or safety officer and distributed to the parents of all participants at registration time.

WARNING: Protective equipment cannot prevent all injuries a player might receive while participating in Baseball / Softball.

WHAT PARENTS SHOULD KNOW ABOUT LITTLE LEAGUE INSURANCE

The Little League Insurance Program is designed to afford protection to all participants at the most economical cost to the local league. The Little League Player Accident Policy is an excess coverage, accident only plan, to be used as a supplement to other insurance carried under a family policy or insurance provided by parent's employer. If there is no primary coverage, Little League insurance will provide benefits for eligible charges, up to Usual and Customary allowances for your area, after a \$50.00 deductible per claim, up to the maximum stated benefits.

This plan makes it possible to offer exceptional, affordable protection with assurance to parents that adequate coverage is in force for all chartered and insured Little League approved programs and events.

If your child sustains a covered injury while taking part in a scheduled Little League Baseball or Softball game or practice, here is how the insurance works:

1. The Little League Baseball and Softball accident notification form must be completed by parents (if the claimant is under 19 years of age) and a league official and forwarded directly to Little League Headquarters within 20 days after the accident. A photocopy of the form should be made and kept by the parent/claimant. Initial medical/dental treatment must be rendered within 30 days of the Little League accident.
2. Itemized bills, including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to a claim for benefits are to be provided within 90 days after the accident. In no event shall such proof be furnished later than 12 months from the date the initial medical expense was incurred.
3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
4. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
5. Limited deferred medical/dental benefits may be available for necessary treatment after the 52-week time limit when:
 - (a) Deferred medical benefits apply when necessary treatment requiring the removal of a pin /plate, applied to transfix a bone in the year of injury, or scar tissue removal, after the 52-week time limit is required. The Company will pay the Reasonable Expense incurred, subject to the Policy's maximum limit of \$100,000 for any one injury to any one Insured. However, in no event will any benefit be paid under this provision for any expenses incurred more than 24 months from the date the injury was sustained.
 - (b) If the Insured incurs Injury, to sound, natural teeth and Necessary Treatment requires treatment for that Injury be postponed to a date more than 52 weeks after the injury due to, but not limited to, the physiological changes of a growing child, the Company will pay the lesser of: 1. A maximum of \$1,500 or 2. Reasonable Expenses incurred for the deferred dental treatment.

Reasonable Expenses incurred for deferred dental treatment are only covered if they are incurred on or before the Insured's 23rd birthday. Reasonable Expenses incurred for deferred root canal therapy are only covered if they are incurred within 104 weeks after the date the Injury occurs.

No payment will be made for deferred treatment unless the Physician submits written certification, within 52 weeks after the accident, that the treatment must be postponed for the above stated reasons.

Benefits are payable subject to the Excess Coverage and the Exclusions provisions of the Policy.

We hope this brief summary has been helpful in a better understanding of an important aspect of the operation of the Little League endorsed insurance program.

Appendix 4 - Little League Baseball Medical Release



Little League[®] Baseball and Softball Medical Release



NOTE: To be carried by any Regular Season or Tournament Team Manager together with team roster or eligibility affidavit.

Player: _____ Date of Birth: _____

League Name: _____ I.D. Number: _____

Parent or Guardian Authorization:

In case of emergency, if family physician cannot be reached, I hereby authorize my child to be treated by Certified Emergency Personnel. (i.e. EMT, First Responder, E.R. Physician)

Family Physician: _____ Phone: _____

Address: _____

Hospital Preference: _____

In case of emergency contact:

Name	Phone	Relationship to Player

Name	Phone	Relationship to Player

Please list any allergies/medical problems, including those requiring maintenance medication. (i.e. Diabetic, Asthma, Seizure Disorder)

Medical Diagnosis	Medication	Dosage	Frequency of Dosage

The purpose of the above listed information is to ensure that medical personnel have details of any medical problem which may interfere with or alter treatment.

Date of last Tetanus Toxoid Booster: _____

Mr./Mrs./Ms. _____
Authorized Parent/Guardian Signature

WARNING: Protective equipment cannot prevent all injuries a player might receive while participating in Baseball/Softball.

Little League does not limit participation in its activities on the basis of disability, race, color, creed, national origin, gender, sexual preference or religious preference.